

helfersyndrom (helper syndrome)
DIE TRÄUME VON UNS (The Dreams of Us)
Documentary theater and Book

17./18.04. Landungsbrücken Frankfurt // 24./25.04. Theateratelier Bleichstraße 14H Offenbach

What if the future is already taking place - in our dreams? What if we share our dreams with each other? What if in this way a large collection arises: Dreamings of different nations, professions, of young and old? What if this collection can change the world?

"The Dreams of Us" is trying to stage a documentary theater evening of a collective dream narrative: premonitions and (day)dreams of a future society. The idea comes from Charlotte Beradts dream collection *Das dritte Reich des Traums (The third realm of dreams)*, that once foresaw the Holocaust, and the movement of *social dreaming*. Only we are especially looking for the positive vision in an alleged vision-free society: Dare to dream!

How can I help?

Send us a dream.

Document your dream as:

- **written down text file** or **photographed handwriting**
- **sound recording**
- or **video selfie**

and send it to us on one of the following ways:

- via Mail: traumprotokolle@helfersyndrom.com
- as a public Facebook-post on www.facebook.com/dietraeumevonuns
- as mailing: helfersyndrom / Traumprotokolle GbR
c/o Steffen Lars Popp
Zollamt Studios / Rm. 508
Frankfurter Str. 91
63067 Offenbach am Main / Germany
- personal delivery at the above address (Tel: +49 69 98194149)

What happens with my dream?

We evaluate them for our theater piece: search for recurring motifs/patterns, etc. In the piece we then will present some exemplary dreams and optionally print them in our small *Traumprotokolle (Dream Protocols)* book, published by [Hablizel-Verlag](#)! Your dream is treated entirely as you specify it, even anonymous. But it would be great, if you could mention age, „profession“ and nationality/location, so the collection can represent a „colorful“ picture of all dreams and dreamers.

Maxi Modelwoman, model profession

am xx.xx.xxxx (dream date), xx years (age at the time of the dream),

model city in model country

And what does that help me?

For your submitted dream you will receive the dream of someone else in exchange by email; then you are part of a loose community of dream agents! And your dream helps to find out about our future! Some publicly shared dreams and partial results and events you can watch on our three websites.

If your dream makes it into the *dream protocols* book you get this sent to you free of charge! If you attend one of our plays, we can not grant you free entry - but we will personally thank you and introduce you to the other dreamers, if you want!

Thanx and dream on!

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